# NOVEMBER - 2019 School News Wahoo Middle School

# Inspiring our students to thrive, BE AWESOME & Kind!!



# **BE THE 'I' IN KIND CHALLENGE**

#### Students are taking a pledge of kindness at Wahoo Middle School.

In an effort to continue spreading kindness throughout Wahoo Middle School, students are taking a pledge to help others understand the value of being kind. By taking this pledge, students are encouraging supportive words, responsibility, positiveness, honesty, and friendship to ALL. Encourage your son/daughter to put the 'I' in kind!



## School Contact Information:

2201 North Locust Street - Wahoo, NE 68066

(402) 443-3101

#### NOVEMBER DATE REMINDERS:

- Regular School Day -November 13th
- MS PTO Meeting -November 11th @ 7:00 PM
- NO SCHOOL November 19th (Teachers In-Service)
- THANKSGIVING Break -November 28th & 29th

#### ATHLETIC & ACTIVITIES DATES:

- MS Boys Basketball vs. Ashland-Greenwood -November 14th / 4:30 PM
- MS Boys Basketball @ Arlington Tourney -November 16th / 9:00 AM
- Check out full schedules on the school website under "Activities Calendar"



# **STUCO & STAFF HIT THE DITCHES**

Student Council and Staff tackled the ditches of Saunders County

#### From Student Council Officer Kassidy Beavers:

On Wednesday, October 23rd Wahoo Middles School's Student Council went on a trash pickup along Highway 77. It was crazy how much trash was on the side of the road. I believe that this was an eye opener for many of the participants, especially if they hadn't done something like this before.

By the time we were done with the trash pick up we had about nine trash bags full of trash. There was everything from beer cans to wrappers picked up. In my group of four people we picked up over 20 beer cans. Many of the participants, including myself, benefited from participating. It changed the way we think. We spent an hour and a half picking up people's trash. I didn't think about it much until I was in position to pick it up. I really enjoyed doing something good for our community, but just thinking about how much cleaner our environment would be if everyone picked up there own trash is crazy.

I wouldn't hesitate to do this again. We all benefited from it and made the earth a little cleaner. We now all think differently when seeing trash. I would hope that everyone in our school would have the chance to participate in such an eye opening event. Now, when I drive on that highway I can think that our school made this part of the world cleaner.



# TEACHER SPOTLIGHT - NICK MILLIKEN (7TH & 8TH GRADE RESOURCE)

#### Years of Teaching: 6 Years

Hometown: Wahoo, NE

**College/University Attended:** Bellevue University & University of Nebraska - Lincoln

**Hobbies:** Coaching, Baseball, Sports in General, Huskers, Gardening/ Yard Work, and playing outside with hi skids.

**Interesting fact about Mr. Milliken**: Believe it or not, I'm a die hard for reality tv shows. It's a train wreck I can't look or get away from. I have watched almost every season of shows like the Challenge on MTV for the past ten years, and I usually end up watching the Bachelor on Monday nights because my wife enjoys it.



# **PRINCIPAL'S PAGES**

Participation in activities/athletics can be difficult for students... and parents





#### Dear Parents and/or Guardians:

You love your child more than anything in the world, and want their experiences in activities and athletics to be positive and successful. We do as well. Understand that your child's participation in activities/athletics (playing time or role) does not reflect you as a parent or how you parent your child. When you feel frustrated with your child's activities/athletic experience please take the time to ask yourself and your child a few questions:

- Are you enjoying your experience? Why or why not? Be on the same page with your child. Even if your child is not participating as much as you would like does not mean their role is not important or they're not enjoying the experience. Your communication should be with your child first, not the coach... please be on the same page with your child.
- 2) Activities and athletics are your child's experiences, not yours. "Our country has an infatuation with youth sports success," says Dr. Jon Coles, an assistant professor of sport management at Grand Valley State. "Parents are turning it into their experience and not the child's and we need to give sports back to them."

Please take the time to think about the following as your child starts and continues participation in Middle School activities and athletics at Wahoo:

- OVER-INVOLVEMENT Over-involved parents create problems that can be far reaching and long lasting.
- COACHING FROM THE SIDELINES Most children DO NOT appreciate or enjoy coaching from their parents. Let the coaches do their job, and you do your job.
- EMOTIONAL OVERLOAD Don't become too emotionally involved in the outcome of the activity or contest.
- SEEING A CHILD'S EXPERIENCE AS THEIR OWN Without even realizing it, you tend to live vicariously through your child.
- MEANINGFUL CONVERSATIONS This is big! Be positive!

Source: Study: Athletes don't like pushy, pressuring, over-involved parents; Bach, Greg; 2019

## Be a great example for your child... practice good sportsmanship

Good sportsmanship for kids starts early and is learned best when young kids are learning not only sports fundamentals, but the qualities of being a great teammate and great friend. Sportsmanship is a reflection of the temperament of your child. There's not doubt that these skills are hard to teach, but they are so important to master if you want your child to be the best that he or she can be.

You can help!! You are your child's ultimate role model. Whether you like it or not, you set your child up for sportsmanship success. The following are ways to help foster a great attitude and positive mindset for your child:

- **NEVER LOSE YOUR TEMPER** A key part of being a good role model is to always keep your cool. How you react in any situation is always viewed by your child.
- **DON'T BELITTLE YOUR OPPONENTS** Always keep comments positive and cheer for all players. Try and compliment coaches and the opposing teams.
- ENCOURAGE YOUR CHILD TO LISTEN TO COACHES AND OFFICIALS Don't blame an official or a coach for a loss. If you are negative and blameful, you are teaching your child to make excuses and always question coaches and officials. By encouraging your child to listen to coaches and officials, you are teaching them the right attitude, and ultimately leading them to success that far exceeds activities and athletics.

Source: https://campuscui.active.com/orgs/BaxterSportsCamps



First Quarter Attendance Awards.... Students winning a gift card from DQ for great first quarter attendance.



First Quarter Academic Honors

## 6th Grade - High Honor Roll



## 7th Grade - High Honor Roll



8th Grade - High Honor Roll



# Wahoo Middle School High Honor Roll 1st Quarter 2019-20 (3.91-4.00)

#### 8<sup>th</sup> Grade

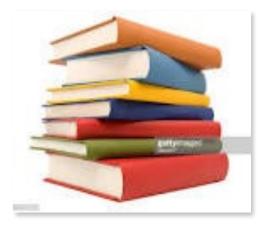
- Kyle Babst
- Cadence Bailar
- Kassidy Beavers
- Trevor Beavers
- Sam Edmonds
- Kyler Elliott
- Marcus Glock
- Lilly Harris
- Eli Hauswald
- Hannah Herrera
- Lanta Hitz
- Ava Lausterer
- Barrett Lavaley
- Jase Maly
- Derek Mathis
- Samantha Norris
- Anthony Rowe
- McKenna Sabatka
- Jonas Schnakenberg
- Sidney Smart
- Kiah Smith
- Jesse Stebbing

#### 7<sup>th</sup> Grade

- Ales Adamec
- Patrik Adamec
- Landon Brigham
- Adelia Dunlap
- Alicia Foster
- Abi Johnson
- Chloe Kasischke
- Miranda Keller
- Sawyer Lavaley
- Karina Raney
- Wyatt Rezek
- Gaia Rodgers-Norris
- Dylan Simons
- Caden Smart
- Isabel Smith
- Madelyn Snyder
- Nathan Urban
- Delaney Wusk

#### 6<sup>th</sup> Grade

- Elizabeth Brennan
- Kip Brigham
- Kaden Christen
- Hannah Girmus
- Lauryn Hallowell
- Cody Hesser
- Blake Hitz
- Alexis Jonas
- Jase Kaminski
- Harrison Krueger
- Jack Krueger
- Joselyn Larson
- Will Mortensen
- Gracie Peterson
- Elijah Polacek
- Sophia Rafteseth
- Parker Thompson



### Wahoo Middle School Honor Roll 1st Quarter 2019-20 (3.50-3.90)

#### 8<sup>th</sup> Grade

#### 7<sup>th</sup> Grade

#### -

- Kolby Arehart
- Keegan Brigham
- Michael Carranza
- Kaley Castillo
- Kade Cook
- Josh Edmonds
- Nathan Eriksen
- Michael Evans
- Brailey Gronenthal
- Gabe Harris
- Riley Herndon
- Sophia Klein
- Emma Lowther
- Barrett Nelson
- Seth Obert
- Caitlin Olson
- Lily Rafteseth
- Gabrielle Raney
- Carlee Robichaud
- Mason Rodgers
- AJ Scott
- Makenzie Sutton
- Miranda Vanek
- Kylie Warford
- Teagan Watts
- Paige Williams

- Danielle Baker
- Nash Beasley
- Alex Borchers
- Mackenzie Chadwell
- Austin Clemon
- Gage Cooney
- Kaydence Decker
- Madden Dwerlkotte
- Elijah Emerson
- Tyler Fuller
- Anica Gannon
- Jaymes Gaskins
- Kaitlyn Hajek
- Madison Hajek
- Jessi Hasenkamp
- Alyssa Havlovic
- Kaitlinn Henderson
- Connor Herndon
- Braylon Iversen
- Christopher Johnson
- Logan Kleffner
- Sam Marxsen
- Kristen Mika
- Hayden Nelson
- Graham Nutzman
- Hailey Pfligler
- Marshall Strom
- Kendra Swahn
- Riley Swanson
- Noah Taylor
  - Mollie Urban
- Chrisalynn Vice
- Audrey Waido
- Saronna Wigfall

- Calvin Babst
- Faith Davis
- Madison Decker
- Hannah Elliott
- Vanden Fancher
- Aubrey Fingerhut
- Callen Fischer
- Josh Fox
- Lea Govind
- Zayne Keslar
- Dominic Kruse
- Henry Lauck
- Bailey Lofgren
- Grady Meyer
- Brianna Morales
- Christian Nelson
- Reed Nisley
- Cash Parson
- Chase Peterson
- Tailan Roberts
- Cameryn Sather
- Eli Shada
- Clara Sherman
- Rachel Stevens
- Jayse Styskal
- Lacy Sutton
  Tepley Watts
- Tenley Watts
- Hunter Williams

6<sup>th</sup> Grade

### NEW - Wahoo Middle School Spirit Committee

Welcome to the Wahoo Middle School Spirit Committee! I'm so glad you're here to help support your fellow classmates and the activities they participate in!

We will be using our time together to decorate posters to cheer on our athletic and musical performers. We will meet in the middle school commons area on these days and times!

#### Monday, November 11th @ 7:00am-8:00am & 3:30pm-5:00pm (Basketball, Wrestling)

#### March TBA (Track)

You're free to bring any supplies you'd like to use and/or share. If you have any questions, please let me know via email @ julie.warford@hotmail.com or by texting me at 402-616-5779.





# \*\***MS OFFICE NEWS FLASH**\*\*

## • Reminders from the office:

- If your child is leaving early or coming in late please remind them to sign in or out in the office.
- Please make sure you notify the office if your address, email or phone numbers changes.
- Any questions? Never hesitate to call, if I don't know the answer, I will find someone who does! (402)443-3101

## • Reminders from Nurse Trutna:

- If your child is feeling ill we request that they come to the Nurse's office before contacting a parent. We ask for your help by encouraging them to go to the Nurse's office before you come to pick them up.
- Students need to be fever free without reducing medics for 24 hours before returning to school.
- If your 7th grader has not received their Tdap immunization or physical, please do so immediately an return the paperwork to the office.
- If at any time during the year your child is diagnosed with a communicable disease, please let Nurse Trutna know.

# Please try and read email messages sent home from the school.... always important to keep updated

# HELPFUL INFORMATION & LINKS

# www.wahooschools.org

Middle School Daily Announcements: <u>https://</u>

<u>goo.gl/6aSJ63</u>

# Lunch Calendar: <u>https://</u> goo.gl/DqnEYB

IXL Link: <u>https://www.ixl.com/signin/</u> wahoops

**Twitter:** Wahoo Public Schools @wahoopublic

More Wahoo Middle School information: <u>https://goo.gl/</u> <u>gyYdap</u>

## Wahoo Public Schools

**"Activities Calendar":** <u>https://</u> goo.gl/ZwCaju

Power School: <u>https://</u> wahoo.powerschool.com/public/

# **Reminder!**

Keep collecting Box Tops and receipts from Corner Market and SunMart. There is a collection point in the office.

# Free Clothing Closet

Calvary Church - 558 W. 16th Street, Wahoo 2nd Sunday of Each Month \*\*Free clothes, shoes, hats, coats, books, etc. <u>No donations are being</u> <u>taken at this time.</u>